



**24th International RG Tournament  
"Kalamata's Cup 2016"**



**April 22-24, 2016  
Kalamata, Greece  
INDIVIDUAL/GROUPS  
(Seniors - Juniors)**

**DIRECTIVES**

**EVENT ID: 14730**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Hellas and the Municipality of Kalamata has the pleasure to invite your Federation to participate in the aforementioned FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<ul style="list-style-type: none"><li>- Hellenic Gymnastics Federation</li><li>37 Kifissias Ave., OAKA ,EKAE Building (Former Athlete`s Guesthouse)</li><li>Opposite Fire Station, 15123 Marousi</li><li>- Contact Person: Mrs. Sophia MODE</li><li>- Tel: 0030 210 98 82 458 – 0030 210 98 44 019</li><li>- Fax: 0030 210 98 87 329</li><li>- e-mail : <a href="mailto:ego@otenet.gr">ego@otenet.gr</a></li><li>- Website: <a href="http://www.gymnastics.gr">www.gymnastics.gr</a></li></ul>
<b>ORGANIZING COMMITTEE</b>	<p>Filogymnastikos Omilos Kalamatas East Centre 14,Kalamata 24100</p> <ul style="list-style-type: none"><li>- Tel: 0030 6980162999</li><li>- Fax: 0030</li><li>- e-mail : <a href="mailto:f.o.kalamatas@hotmail.com">f.o.kalamatas@hotmail.com</a></li><li>- Website: <a href="http://www.fok.gr">www.fok.gr</a></li></ul>
<b>EVENT MANAGER</b>	<p>Mrs. Voula KOUVATSOU President of RG Club F.O.K e-mail: <a href="mailto:st4.k@hotmail.com">st4.k@hotmail.com</a> Mobile: 0030 6980162999</p>
<b>LOCATION</b>	Kalamata, Peloponessus, Greece
<b>DATES</b>	From April 22nd to 24th, 2016
<b>VENUE</b>	<p>Kalamata's TENTA Sports Hall</p> <p>The TENTA Sports Hall was inaugurated in 1989 and has a capacity of 1700 spectators. It accommodates 1 competition carpet and 2 training/warm-up carpets. One extra training Hall is foreseen and will be scheduled for training activities.</p>
<b>APPARATUS SUPPLIER</b>	Spieth article no652

<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• FIG Statutes</li> <li>• FIG Technical Regulations</li> <li>• FIG Code of Points and relevant Newsletters</li> <li>• FIG General Judges' Rules</li> <li>• FIG Specific Judges' Rules</li> <li>• UEG Technical Regulations for Juniors</li> <li>• License rules (except for non competitive events)</li> <li>• Doping Control Rules</li> <li>• Media Rules</li> <li>• FIG Apparatus Norms</li> <li>• FIG Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• and subsequent decisions of the FIG Executive Committee</li> </ul>																																																						
<b>COMPETITION FORMAT</b>	<p>The international Tournament includes competition for:</p> <ol style="list-style-type: none"> <li>1. Juniors Individuals 4 apparatus (Rope-Hoop-Ball-Clubs) <ul style="list-style-type: none"> <li>Events: Team, All around and Finals</li> <li>Medals: Team by category, All around by Age , Finals by category</li> </ul> </li> <li>2. Seniors Individuals 4 apparatus (Hoop-Ball-Clubs-Ribbon) <ul style="list-style-type: none"> <li>Events: All around and Finals</li> <li>Medals: All around and Finals by category</li> </ul> </li> <li>3. Juniors Groups <ul style="list-style-type: none"> <li>Events: <ol style="list-style-type: none"> <li>A. Competition I <ul style="list-style-type: none"> <li>Group Competition with two presentations of a free exercise with Balls. The Results of these two presentations will be added .After this competition the best eight groups are qualified for Competition III.</li> </ul> </li> <li>B. Competition III <ul style="list-style-type: none"> <li>Medals: Final (Competition III)</li> </ul> </li> </ol> </li> </ul> </li> <li>4. Seniors Groups <ul style="list-style-type: none"> <li>Events: Competition I, III</li> <li>Medals: All around and Finals</li> </ul> </li> </ol>																																																						
<b>PARTICIPATION RULES</b>	<ol style="list-style-type: none"> <li>1. Juniors Individual Competition <ul style="list-style-type: none"> <li>- Team according UEG rules</li> <li>- All around Competition according FIG rules</li> <li>- Finals Competition according UEG rules</li> </ul> </li> <li>2. Seniors Individual Competition <ul style="list-style-type: none"> <li>- All around Competition and Finals according FIG rules</li> </ul> </li> <li>3. Juniors Groups Competition according FIG and UEG rules</li> </ol>																																																						
<b>FEDERATIONS INVITED</b>	<p>All FIG member federations in good standing are entitled to participate in all categories or in any category by their choice.</p> <p><b>Juniors and Seniors Gymnast must hold a valid FIG License.</b></p>																																																						
<b>DELEGATION SIZE</b>	<p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="403 1619 1516 2000"> <thead> <tr> <th></th> <th>Senior Individual</th> <th>Junior Individual</th> <th>Senior Group</th> <th>Junior Group</th> <th>Total Max</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation (HD)</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Team Manager (TM)</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> <td>4</td> </tr> <tr> <td>Coach</td> <td>2</td> <td>2</td> <td>2</td> <td>2</td> <td>8</td> </tr> <tr> <td>Gymnasts</td> <td>3-4</td> <td>4</td> <td>6</td> <td>6</td> <td>19-20</td> </tr> <tr> <td>Doctor</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Physiotherapist</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Judges</td> <td>1</td> <td>1</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td>36-37</td> </tr> </tbody> </table>		Senior Individual	Junior Individual	Senior Group	Junior Group	Total Max	Head of Delegation (HD)	1	1	1	1	1	Team Manager (TM)	1	1	1	1	4	Coach	2	2	2	2	8	Gymnasts	3-4	4	6	6	19-20	Doctor	1	1	1	1	1	Physiotherapist	1	1	1	1	1	Judges	1	1	1	1	2						36-37
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<b>AGE LIMITS</b>	<p><b>Seniors:</b> 16 years (born in 2000 or before)</p> <p><b>Juniors:</b> 13,14,15 years (born in 2001, 2002, 2003)</p>																																																						

<b>ENTRY FEES</b>	The non-reimbursable cost for the Entry Fee is 40€ per individual gymnast and 90€ per group.
<b>JUDGES</b>	All judges must have a current valid FIG brevet at the time of the event.(cat. I,II,III,IV) The participating Member Federations must send minimum one qualified judge as mentioned above. Failure to do so will result a fine of <b>150,00 €</b> to be paid to the LOC upon arrival
<b>ACCREDITATION</b>	<p>Accreditations are distributed upon the arrival of the Delegations. In order to accelerate the accreditation procedure, please send in to the Organizing Committee a photo of each of the delegation members by the deadline of the Nominative registration. Format: .jpg/.jpeg (3.5 x 4.5 cm) File size: up to 250 kb to the following address: <a href="mailto:ego@otenet.gr">ego@otenet.gr</a> or Heads of delegation have to bring to accreditation office a passport photo of each delegation member.</p> <p>Upon accreditation heads of delegation have to check the names of their own delegation members, hotel reservations and they also have to effect all necessary payments. Heads of delegation have to bring to Accreditation office:</p> <ul style="list-style-type: none"> <li>• Certification of insurance for all delegation members, covering illness, accidents, repatriation.</li> <li>• Passports</li> <li>• Gymnasts' licences for Juniors and Seniors gymnasts</li> <li>• 1 copy of Composition form(per each apparatus, each gymnast or group)</li> <li>• 2 CD's for each gymnasts music</li> </ul>
<b>PARTICIPATION</b>	<p><b>Participation in the Qualifications:</b></p> <ul style="list-style-type: none"> <li>• All Individual gymnasts and Groups have to participate in the Qualifications.</li> </ul> <p><b>Participation in the Finals:</b></p> <ul style="list-style-type: none"> <li>• The top eight (8) gymnasts and groups per apparatus from the All Around competition (qualification) will participate in the Finals</li> <li>• In addition, if the Organizing Member Federation has not qualified for the finals, it may participate in one final, at its free choice. The Wild Card gymnast will have to start first.</li> <li>• The participation in the Finals is limited to 2 gymnasts per apparatus per Federation.</li> </ul>
<b>PROVISIONAL SCHEDULE</b>	<p><b>Wednesday, April 20<sup>th</sup>:</b> Arrival of Delegations (all day)</p> <p><b>Thursday, April 21<sup>st</sup>:</b> Official training in competition hall &amp; training hall Orientation meeting</p> <p><b>Friday, April 22<sup>nd</sup>:</b> Competition</p> <p><b>Saturday, April 23<sup>rd</sup>:</b> Competition</p> <p><b>Sunday, April 24<sup>th</sup>:</b> Competition Final Banquet</p> <p><b>Monday, April 25<sup>th</sup>:</b> Departure of delegations</p>
<b>MEDICAL SERVICES</b>	- Doctor

<b>VISA</b>	Please verify immediately with your travel agent or the Hellenic Embassy or Consulate in your country if a visa is required for your travel to Greece The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before February 24 <sup>th</sup> , 2016, to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.
<b>INSURANCE</b>	The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 30,00€ per person/day.
<b>INTERNATIONAL TRANSPORTATION</b>	The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by March 24 <sup>th</sup> , 2016. <b>There is a flight by Astra Airlines from Thessaloniki to Kalamata Airport. As soon as the spring schedules are fixed we will send you detail info about the domestic flights.</b>
<b>LLOCAL TRANSPORTATION</b>	The LOC will support the costs of local transportation, for official members of delegation, from/to: - Athens International Airport(arrival April 20th,2016– departure April 25 <sup>th</sup> , 2016) - Kalamata Intern. Airport(arrival April 20th,2016–departure April 25 <sup>th</sup> 2016) - Official Delegations Hotel–Training Hall(s)–Sports Hall–Official Delegations Hotel
<b>DRAWING OF LOTS</b>	Two weeks before competition starts

**ACCOMMODATION**

**Option 1 (\*\*\*)**

The costs per person/night in this first Hotel are as follows:  
**80,00 € (in single room, FB)**  
**70,00 € (in double room, FB)**  
**60,00 € (in triple room, FB)**

**Option 2 (\*\*\*\*)**

The costs per person/night in this second Hotel are as follows:  
**90,00 € (in single room, FB)**  
**80,00 € (in double room, FB)**  
**70,00 € (in triple room, FB)**

**Option 3 (\*\*\*\*)**

The costs per person/night in this Hotel are as follows:  
**110,00 € (in single room, FB)**  
**90,00 € (in double room, FB)**  
**75,00 € (in triple room, FB)**

The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by February 24<sup>th</sup>, 2016 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

The invited participating federations must pay for the accommodation expenses of their delegation members (see exception herein below).  
 The costs for the accommodations must be paid to the LOC cash upon arrival.  
 The accommodation is only refundable, provided cancellations are made at least four weeks prior to arrival.

For cancellations made after March 24<sup>th</sup>, 2016 there will be no reimbursement

**MEALS**

Meals are included in the accommodation costs.

**FINAL BANQUET**

The Final Banquet will be offered to all participants by the O.C.

**PRIZE MONEY**

The Prize Money, free of any deductible taxes, will be distributed in Euros as follows:  
**Seniors Individuals All Around :**

Ranking	Total of 2400 euro
1	800
2	600
3	400
4	300
5	200
6	100

**Seniors Groups All Around:**

Ranking	Total of 2200 euro
1	1000
2	700
3	500

**No prize money will be given, if there are less than 4 participating federations per competition.**

**MARKETING**

FIG advertising and publicity norms must be respected.

**DEADLINES  
SUMMARY**

Provisional registration form:	January 24 <sup>th</sup> 2016
Definitive registration form:	February 24 <sup>th</sup> , 2016
Accommodation Form:	February 24 <sup>th</sup> , 2016
Nominative registration form:	March 24 <sup>th</sup> , 2016
Travel Schedule form:	March 24 <sup>th</sup> , 2016
Visa Request form:	February 24 <sup>th</sup> , 2016
Payment of Entry Fee	Upon arrival
Payment of Accommodation Cost	Upon arrival
Payment of fine for missing judge	Upon arrival

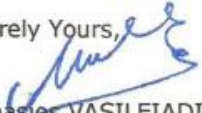
**ADDITIONAL  
INFORMATION**

Federations which have not fulfilled their financial obligations towards the FIG and LOC (e.g. annual membership fees, insurance, missing payments in previous editions, etc.) will not be allowed to participate in the International Tournament.

All participating Federations must commit themselves to respect the Statutes and all FIG Rules.

The LOC will organize a GALA at the end of the competitions before the awarding ceremony. The gymnasts are kindly requested to take part in the GALA.

Sincerely Yours,

  
Athanasios VASILEIADIS/President  
Hellenic Gymnastics Federation



Athens, 02/12/2015